




Voices of Hope
voh.org.uk



Impact Report 2023



Since we began in
2019:

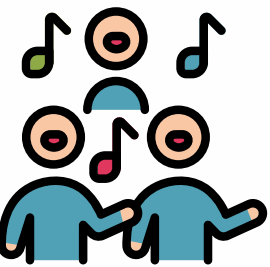


Weekly choir members

220

Choirs running weekly

13



Expert tutors

11

Amazing volunteers

5

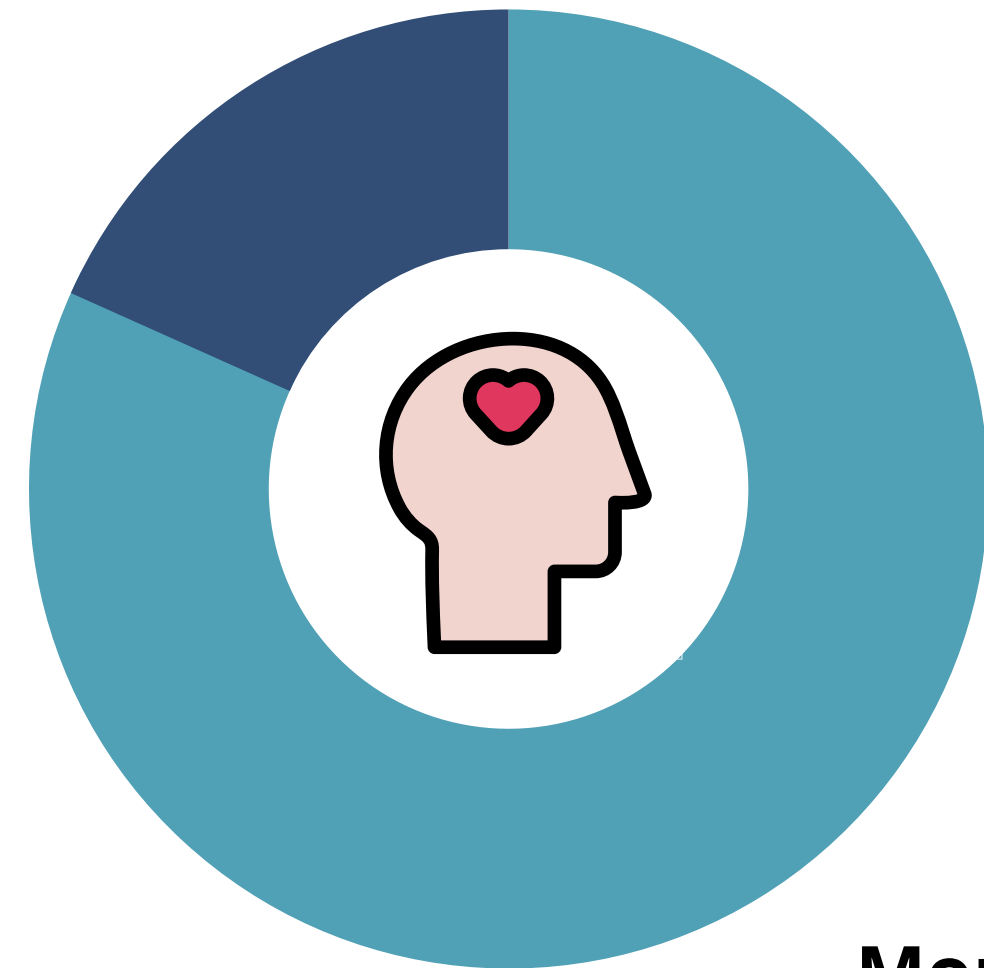




95% of choir
members found
that the
sessions were
very positive!

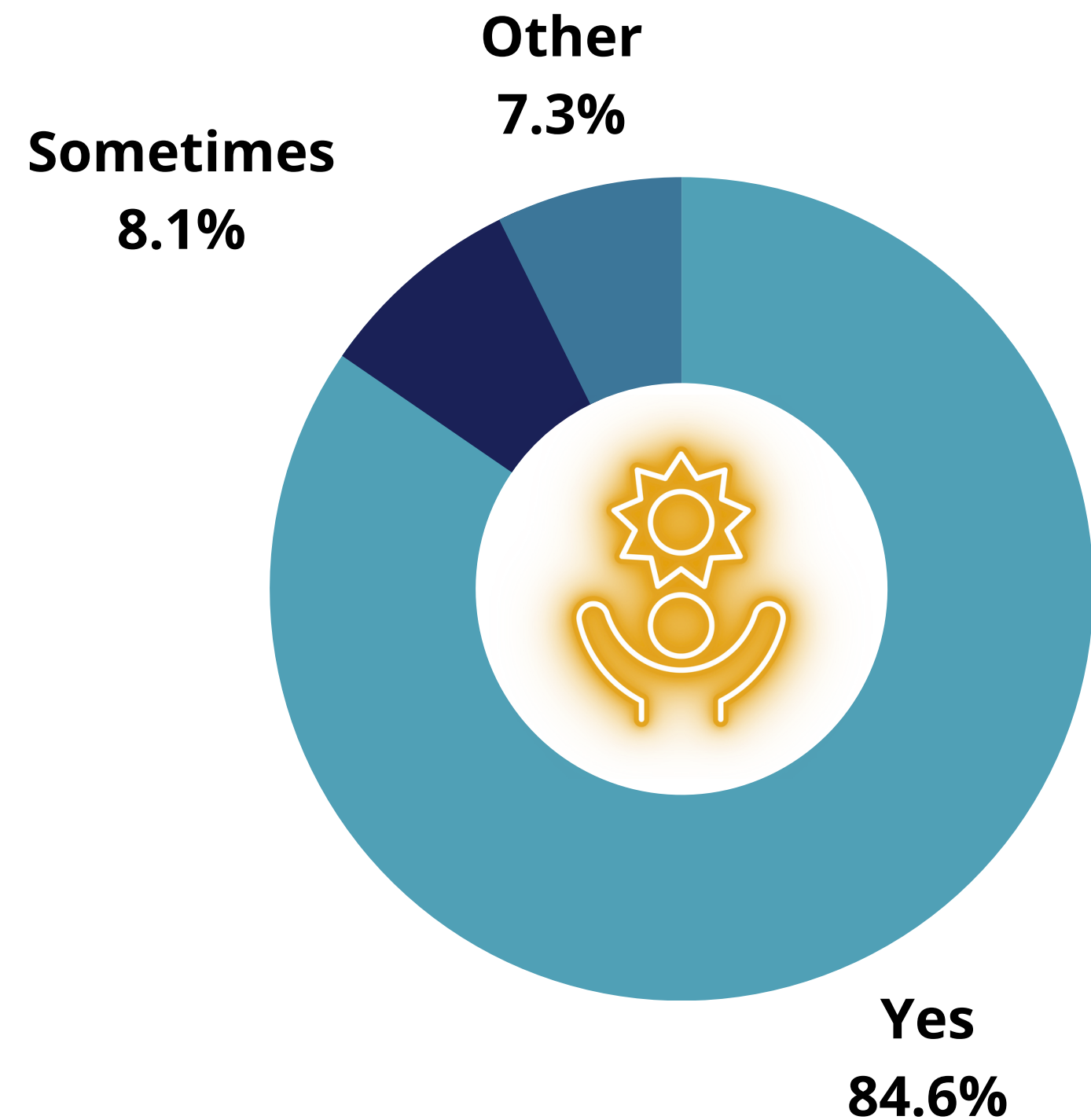
81.7% of choir
members found
that the sessions
were relaxing.

Same as normal
18.3%



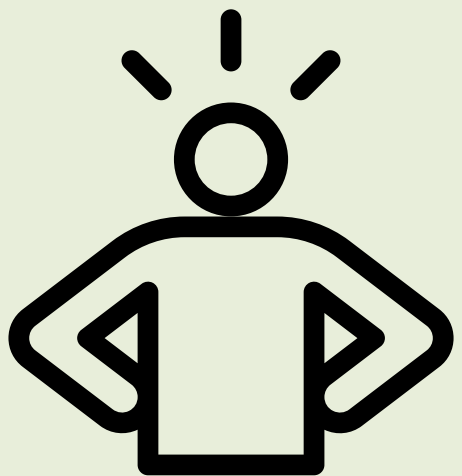
More positive
81.7%

84.58% of choir
members found
that the sessions
improved their
mood.





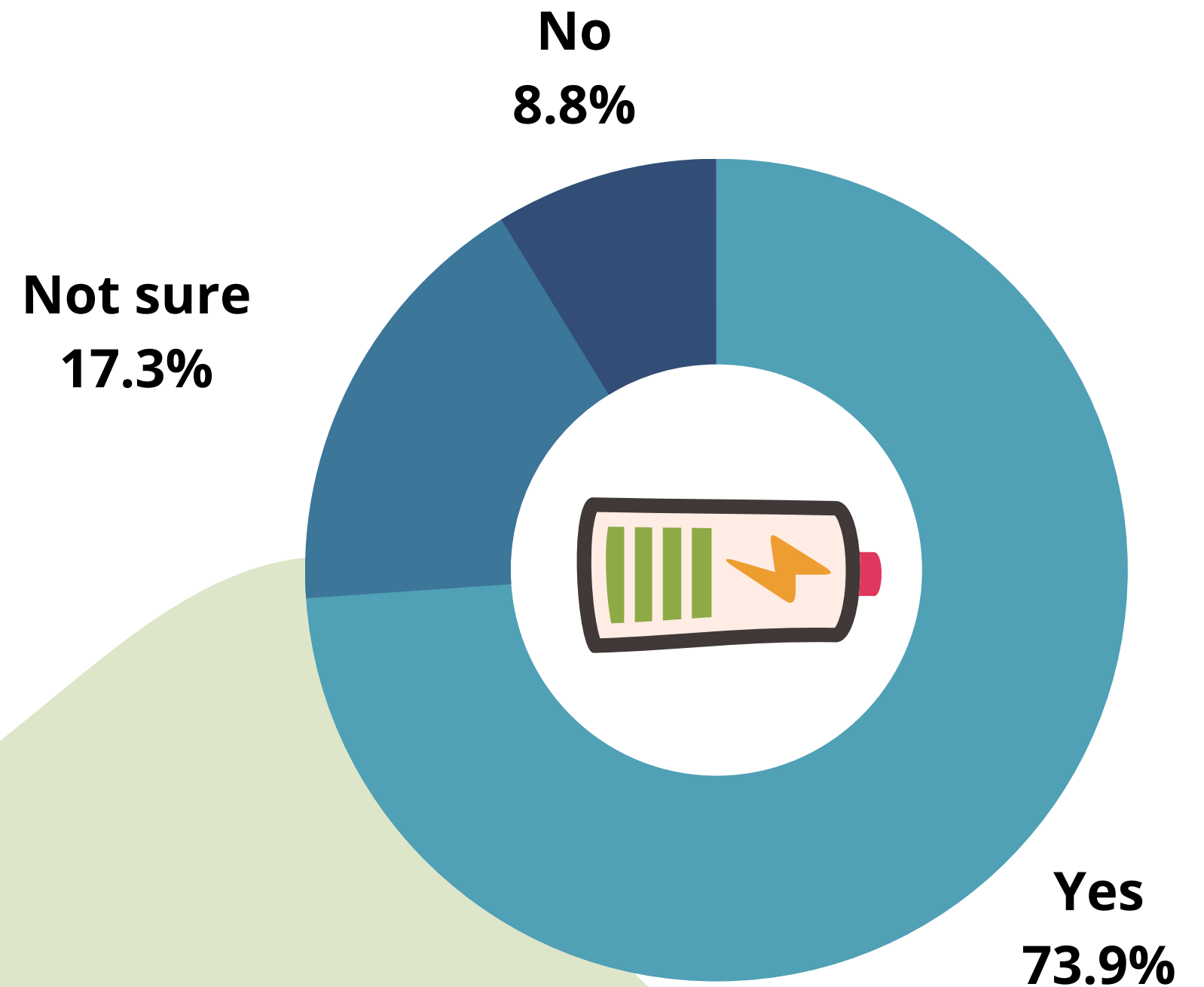
100% of our Care Home choir members
say that the sessions help them build
self confidence.



83.35% of our Care Home choir members
found that attending the choir makes
them feel less anxious.



73.9% of community
choir members found
that there is an
improvement in energy
levels.





Feedback from
Activity managers at
Care homes!



Sarah, Coxhill Manor

The Coxhill Choir brings a real sense of purpose and sense of belonging to our residents, that reaches everyone, whatever their level of cognition. Its very inclusive and always promotes dignity and a sense of pride.





Feedback from
Care Home Choir
members!





Weekly sessions have been really positive as it has helped embed the choir into the structure of the home, with residents AND staff. Fun!



I love every minute and I really look forward to every week. I like getting to know the choir tutors, as they are new faces with new stories and styles. I like being asked to contribute my thoughts and ideas too. My favourite thing we do here, wouldn't miss it for the world!





Feedback from Community Choir members!



“I love belonging to the Voff choir because it has helped me through bouts of pain, throughout the years along with depression.”

“Enjoy being part of a sisterhood choir where I can sing, laugh or cry in a non judgemental safe environment.”

“Singing and belonging to a Choir makes life more bearable.”



It's a positive reason to come to the office instead of choosing to work from home, which isn't always helpful for my mental health.

It is a nice break during the day which tends to lighten even the hardest days..

I like it as there is good comoradery. Rhiannon, Heni and Sarah are all good and very friendly and non judgmental.

Highlight of the week!!





Voices of Hope
voh.org.uk